

# DELAWARE COUNTY

## Accomplishments in 2018

- 203 employees completed the 2018 CEBCO Wellness Program.
- Provided 4 onsite biometric screenings for employees and spouses on the plan.
- Offered 6 onsite education sessions.
- Completed two 17 week Weight Watchers at Work programs.
- Initiated a “Workplace Wellbeing Week” which included classes and demos.
- Sponsored a County Walk Day to get members moving throughout the workday.
- Held the 21st Annual Health Fair in August for employees and family members.
- Began offering FREE yoga classes onsite once a week for employees and spouses.
- Offered flu shots onsite for employees.

