

LAWRENCE COUNTY

Accomplishments in 2017

- Lawrence County focused on ways to manage stress.
- Physical activity and the importance of staying active was encouraged with 10 Million Steps, a statewide campaign.
- Promoted Weight Watchers.
- Employees participated in a group challenge to take 7,154,000 steps in a 9-week period. Employees were encouraged to walk outside during the fall months and to focus on their activity level. 20 participants exceeded the step goal and at the end of the challenge they learned that together they had taken enough steps to have walked from Lawrence County to the North Pole!
- Employees received standing desk stations and the response was so positive that we are planning to purchase more in 2018.

